

# **St. Michael Catholic Church**

## **FINAL EXAM**

### **Study Notes**

*Confirmation is a sacramental outpouring of the Holy Spirit that leaves a permanent imprint on the soul, completes Christian initiation, and empowers us to be witnesses to Christ (CCC 1302-1305).*

*Confirmation is necessary for the completion of baptismal grace (CCC 1285).*

*Five effects of Confirmation:*

*-It affirms our identity as children of God.*

*-Unites us more firmly to Christ.*

*-It increases in us the Gifts of the Holy Spirit.*

*-It strengthens our bond with the Church.*

*-It strengthens us to spread and defend the Faith by our words and actions, to be fearless witnesses to Christ and the power of the cross (CCC 1303).*

**Why do you, personally, want to receive the Sacrament of Confirmation?**

#### **Sponsor**

Your Sponsor should:

- 1) Assist you (the candidate) in preparing for Confirmation.
- 2) Present you for Confirmation.
- 3) After being confirmed, help you live out your Christian faith fully.

\*You should be able to explain why you chose your Confirmation Sponsor.

**Q: SACRAMENTS, HOW MANY ARE THERE?**

**A: SEVEN**

- 1. BAPTISM**
- 2. CONFESSION (Reconciliation)**
- 3. EUCHARIST**

4. CONFIRMATION
5. MARRIAGE,
6. HOLY ORDERS
7. Anointing of the Sick

### **SACRAMENTS OF INIATION**

**BAPTISM, EUCHARIST, CONFIRMATION**

**SACRAMENTS OF HEALING**  
**RECONCILIATION and ANNOINTING OF THE SICK**

**SACRAMENTS OF VOCATION**  
**MARRIAGE and HOLY ORDERS**

**Q: WHAT EXACTLY ARE SACRAMENTS?**

**A: SACRAMENTS ARE OUTWARD SIGNS OF INWARD GRACE**

### **HOLY SPIRIT**

The Holy Spirit descended upon the Apostles on Pentecost, giving them courage to practice their faith. The effect of the sacrament of Confirmation is the special outpouring of the Holy Spirit as once granted to the apostles on the day of Pentecost.

When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. Acts 2:1-4

### **THE GIFTS OF THE HOLY SPIRIT**

- WISDOM
- UNDERSTANDING
- COUNSEL

- **FORTITUDE**
- **KNOWLEDGE**
- **PIETY**
- **FEAR OF THE LORD**

*The Gifts of the Spirit make it possible for us to live and act as the Holy Spirit leads us.*

*Wisdom* helps us recognize the importance of others and the importance of keeping God central in our lives.

*Understanding* is the ability to comprehend the meaning of God's message.

*Knowledge* is the ability to think about and explore God's revelation, and also to recognize that there are mysteries of faith beyond us.

*Counsel* is the ability to see the best way to follow God's plan when we have choices that relate to him.

*Fortitude* is the courage to do what one knows is right.

*Piety* helps us pray to God in true devotion.

*Fear of the Lord* is the feeling of amazement before God, who is all-present, and whose friendship we do not want to lose.

### **THE FRUITS OF THE HOLY SPIRIT**

**LOVE (Charity) – JOY – PEACE – PATIENCE – KINDNESS –  
GOODNESS – FAITHFULNESS – GENTLENESS – SELF CONTROL  
MODESTY-CHASTITY-GENEROSITY**

**Generosity** - The quality of being kind. Giving what you have out of love for others.

**Charity (Love)** - The giving of yourself, self-sacrificial love, loving God above all else and loving others for the sake of God.

**Faithfulness** - Giving God our belief, our trust, and through that trust, our actions.

**Joy** - Feeling of great happiness, the ultimate joy is to be experienced in heaven when we see God face to face.

**Peace** - A freedom from chaos and disruptions, a goal of the Christian life. It is a work of justice and charity and Christ calls us all to be peacemakers (Matthew 5:9).

**Self-Control** - The ability to control oneself, particularly one's emotions and desires and the responses to them, especially in difficult situations.

**Chastity** - Being able to properly and appropriately live out your sexuality through an inner unity of body and spirit. It takes different forms depending on one's state of life.

**Modesty** - Avoiding all forms of indecency and impurity, it protects the intimate center of the person, their body, and teaches respect of the human person. It is decency in all areas of life.

**Gentleness** - Not abusing your strength; it is the act of being kind and mild, to not act violently or severely.

**Kindness** - To show consideration and care, to do what is best for another even if that means standing up to that person with compassion and love.

**Patience** – To deal with annoyances or delays without complain or loss of temper, also quiet and steady perseverance and knowing when to act.

**Goodness** – Possessing values that are morally good or right, when something is good, it is of benefit or advantage for someone or something.

## PRAYERS

### **“THE LORD’S PRAYER”**

OUR FATHER, WHO ART IN HEAVEN, HALLOWED BE THY NAME.  
THY KINGDOM COME, THY WILL BE DONE, ON EARTH AS IT IS IN  
HEAVEN. GIVE US THIS DAY OUR DAILY BREAD, AND FORGIVE  
US OUR TRESPASSES, AS WE FORGIVE THOSE WHO TRESPASS  
AGAINST US, AND LEAD US NOT INTO TEMPTATION, BUT  
DELIVER US FROM EVIL. AMEN.

### **“HAIL MARY” PRAYER**

HAIL MARY, FULL OF GRACE. THE LORD IS WITH THEE.  
BLESSED ART THOU AMONGST WOMEN, AND BLESSED IS THE  
FRUIT OF THY WOMB JESUS. HOLY MARY MOTHER OF GOD,  
PRAY FOR US SINNERS, NOW AND AT THE HOUR OF OUR DEATH.  
AMEN.

### **“GLORY BE” Prayer**

GLORY BE TO THE FATHER AND TO THE SON AND TO THE HOLY SPIRIT, AS IT WAS IN THE BEGINNING IS NOW, AND EVER SHALL BE, WORLD WITHOUT END. AMEN.

### **LIST THE 10 COMMANDMENTS**

- 1: I AM THE LORD YOUR GOD, YOU SHALL NOT HAVE OTHER GODS BESIDES ME.
- 2: YOU SHALL NOT TAKE THE NAME OF THE LORD YOUR GOD IN VAIN.
- 3: REMEMBER TO KEEP HOLY THE SABBATH DAY.
- 4: HONOUR YOUR FATHER AND MOTHER.
- 5: YOU SHALL NOT KILL.
- 6: YOU SHALL NOT COMMIT ADULTERY.
- 7: YOU SHALL NOT STEAL.
- 8: YOU SHALL NOT BEAR FALSE WITNESS AGAINST YOUR NEIGHBOUR.
- 9: YOU SHALL NOT COVET YOUR NEIGHBOURS WIFE.
- 10: YOU SHALL NOT COVET YOUR NEIGHBOURS GOODS.

### **“Real Presence” of Christ in the Eucharist**

The church means it as the whole Christ being truly present, body, blood, soul, and divinity, under the appearances of bread and wine—the glorified Christ who rose from the dead after dying for our sins.

“Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. . . . Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me” (Jn 6:53-57).

### **Holy Trinity**

The Trinity is One. We confess one God in three persons.

The Divine persons that are distinct from one another are:

God, the Father

God, the Son

God, the Holy Spirit

*The mystery of the Most Holy Trinity is the central mystery of Christian faith and life (CCC 234.)*

### **Saints**

Reflect on one Saint you learned about this year (including your

Confirmation Saint.) How can you relate to that Saint's Faith journey?

*Saints that we learned about as Heroes of the Week in the Chosen Program are St. Joan of Arc, St. Elizabeth Ann Seton, St. Paul the Apostle, Blessed Miguel Pro, St. Elizabeth of Hungary, St. John Vianney, St. Catherine of Siena, St. Louis de Montfort, St. Francis of Assisi, Blessed Pier Giorgio Frassati, and St. Kateri Tekawitha.*